



Type Seminar:

Effective Daylighting Design Techniques and Methods

The use of natural daylight to illuminate buildings has been an effective part of architectural design over the years. Daylit buildings have provided a positive impact in the green construction industry and have enhanced occupant health, safety and welfare (HSW).

Lack of daylighting in a building can affect our natural body clock, our circadian rhythm, and cause us to feel fatigue and be less productive. On the other hand, proper exposure to natural light is stimulating.

This course provides an update on how effective daylighting design techniques and methods are improving working conditions from a Health, Safety, & Welfare (HSW) perspective.